

# To Compost or not to Compost?

That is the question



Yes!

- Fruits
- Vegetables
- Cardboard
- Newspaper
- Coffee Grounds and Filters
- Tea Bags and herbs
- Unseasoned, spoiled, natural foods
- Houseplants
- Leaves, Small Sticks

**You are making a Difference!**



Yes! Continued:

- Rice, Pasta, Bread
- Grains
- Inquire about non-listed materials!

If you have any issues :

- Need to change your pickup day
- Require an additional bucket for
- Need clarification about inputs

Do Not hesitate to reach out, at  
[vitanovacompost@gmail.com](mailto:vitanovacompost@gmail.com) or on Social  
Media @vitanovacompost



No!

- Meat
- Dairy (cheese, butter)
- Oil
- Bones
- Plastics
- Seasoned Food
- Rubber Bands
- Animal Waste
- Magazine, glossy paper

**The Tree says  
Thankyou!**

